



Social Media and Well-Being: A multi-disciplinary dialogue



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Social media are an integral part of people's lives, and the way social media are used may influence, and be influenced by, their well-being. Scholars from different disciplines and cultural backgrounds interested in the complex nature of social media use and well-being call for more consensus on what and how to study in the context of social media and well-being. Some of them have discussed pressing conceptual, methodological, and practical issues in a previous workshop on "Social media use and well-being" hosted by Harvard T.H. Chan School of Public Health in April 2022. Building upon the main consensus points obtained so far, this workshop on "Social media use and well-being: A multi-disciplinary dialogue" aims to continue the conversation in the European context. The workshop is jointly organized by USI Università della Svizzera italiana, the Amsterdam School of Communication Research, the Harvard T.H. Chan School of Public Health, Lee Kum Sheung Center for Health and Happiness, and will be hosted from 26th to 28th June 2023 by USI Università della Svizzera italiana in Lugano (Switzerland).

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with

- **Amsterdam School of Communication Research, University of Amsterdam**
- **Lee Kum Sheung Center for Health and Happiness, Harvard T.H. Chan School of Public Health**

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More
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